



## OUR SPEAKERS



### BECKY HAAS

International expert on ACEs, training professionals across healthcare, law enforcement, and justice systems.



### ANTONIO BALLARD

Professional basketball player (Fribourg Olympic), speaking on resilience & rest through his personal testimony.



### ALEX KUFNER

Business psychologist, author, and speaker on resilience, learning, and personal growth



Equipping the Church and Professionals

# TRAUMA-INFORMED CARE CONFERENCE

Translation to French, German & Italian language will be provided

26  
July  
2026  
—  
12:00 pm



International Evangelical church of Lausanne

Pl. de la Riponne 7, 1005  
Lausanne

- *Understanding Trauma & ACEs.*
- *Applying Trauma-Informed Principles in the Church.*
- *Building Healthy Resilience &*
- *Addressing Emptiness in a Hyper-Connected World.*

## EQUIPPING THE CHURCH AND PROFESSIONALS



Join us for a four-part Trauma-Informed Church Conference hosted by the IECL. This event focuses on a holistic, faith-based approach to care. The conference explores how Bible-based faith communities and professionals can better understand trauma and respond with compassion, wisdom, and practical support. By integrating biblical principles with scientific insights, attendees will be equipped for real-life care and support.

### **Part one: Understanding Trauma & ACEs:**

Explore Adverse Childhood Experiences (ACEs) and trauma through both scientific research and Scripture. Learn how trauma impacts individuals and communities, and why this understanding is essential for recovery.

### **Part Two: Applying Trauma-Informed Principles in the Church**

Discover practical ways to create safe, supportive, and healing environments within churches and faith-based communities. Includes guidance on sustainability and long-term ministry impact.

### **Part Three: Building Healthy Resilience**

Understand what healthy resilience looks like and how individuals can develop emotional strength, stability, and sustainable well-being.

### **Part Four: Addressing Emptiness in a Hyper-Connected World**

Reflect on the emotional and spiritual challenges of today's life, with a focus on different age groups. This session is conducted together by Robin Mubarik and Antonio Ballard, featuring a personal testimony from Antonio, followed by feedback and a time of prayer.





**This conference is designed for anyone who wants to better understand and support others**, including:

Pastors and ministry leaders

Church staff and volunteers

Parents and educators

Healthcare and social work professionals

Individuals supporting friends or family members

Anyone interested in trauma awareness, recovery, and compassionate care.

### **Conference Fee:**

The conference is free of charge, as all speakers are volunteering their time,

However donations upon subs

Donations are welcome to help cover:

- Venue costs
- Food and refreshments (two tea breaks and a light lunch will be provided)
- Support for student volunteers organizing the event

### **Bank Account Details:**

IBAN: CH39 0020 6206 8924 4501 V

Account Name: INTERNATIONAL EVANGELICAL CHURCH

Bank: UBS Switzerland, 8070 Zurich

In collaboration with the students of iCafé and iConnect.

